西區浸信會
小組討論

2023年1月1日

- 講員：曾李麗冰牧師
- 經文：歌羅西書 2:6-7

茁長+滿溢： 茁長在主裡 | 1 | 茁長與滿溢

既然你們接受基督耶穌爲主，你們的行爲就必須以他爲中心，
在他裡面扎根、生長，建立信心；你們就是這樣受教的。你們也要充滿著感謝的心。 歌羅西書 2:6-7

破冰問題 Ice-breakers

- 你喜歡制定新年計劃嗎？ 今年你有什麼新年願望和計劃嗎？ 請討論和分享。 Do you like to make New year resolutions? Do you have any new year wishes and plans for this year? Discuss and share.
- 今年的主題是「茁長+滿溢 」。 本月的主題是：茁長在主裡。 您打算/需要在生活中的哪些方面茁長？ 您來年的個人茁長目標和屬靈目標是什麼？ 請分享。 This year's theme is "Grow and Overflow". The theme for this month is: Grow in Him. What are some of the areas in your life that you intend/need to grow in? What are some of your personal growth goals and spiritual goals for the coming year? Share.

認知 To know

- 關於茁長的一些假設是什麼？ 你也有嗎？ 請討論和分享。- What are some of the assumptions about growth? Do you have any as well? Discuss and share.
- 閱讀（歌羅西書 2:6；以弗所書 3:16）。 茁長的基礎或關鍵因素是什麼？ 你接受基督爲主嗎？ 請分享經驗。 Read (Colossians 2:6; Ephesians 3:16). What is the basis or key ingre-dient for growth? Have you received Christ as Lord? Share the experience.
- 閱讀（歌羅西書 2:7a；以弗所書 3:17）。 保羅在這裡使用了哪些隱喻（農業和建築）？ 保羅試圖通過這些意象告訴我們什麼？ 請討論和分享。- Read (Colossians 2:7a; Ephesians 3:17). What are the metaphors (agricultural and architectural) that Paul used here? What did Paul try to tell us through these imageries? Discuss and share.
- 閱讀（以弗所書 3：18）。 上帝之愛的高度、深度、長度和寬度是什麼意思？ 我們如何體會這樣的愛？ 請討論和分享。Read (Ephesians 3: 18). What does it mean by the height, the depth, the length and the breadth of God's love? How are we to comprehend and experience such love? Discuss and share.
- 閱讀（以弗所書 3：19；歌羅西書 2：7b）。 我們被什麼充滿了？ 我們是否被祂充滿並滿溢著感恩？ 我們怎麼才能過這樣的生活呢？ 請討論和分享。 Read (Ephesians 3: 19; Colossians 2: 7b). What are we filled with? Are we overflow with thankfulness? How can we live such a life? Discuss and share.
- 今年我們準備好茁長和滿溢嗎？ 我們的計劃是什麼？我們可以採取哪些實際步驟來實現茁長？ 分享。Are we prepared to grow and overflow this year?

我的領受

- 神藉著今天的小組討論對你說了甚麼？

What will be our plan and what are some of the practical steps that we can take for growth? Share.

感受 To feel

- 踏入新的一年，我們會有怎樣的感受？ 隨著年齡的增長，我們是否每天都感覺更好、更聰明、更深刻、更強壯？ 我們對這些有何感受： 我們自己； 他的子民與世界？ 請分享。As we step into the new year, how would we feel? Do we feel better, wiser, deeper and stronger every day as we grow older? How would we feel towards - Christ's love; ourselves; His people and the world? Share.
- 我們在日常生活中是否覺得感恩？ 舉出實際例子。 我們如何與其他聖徒一起經歷基督的愛？ 分享。 Do we feel thankful in our daily lives? Give practical examples. How can we experience the love of Christ together with other saints? Share.

計劃及實踐To plan and do

- 互相提醒我們作爲基督徒需要在祂裏面成長。 看看他們是否經歷過在基督裡的生命和祂對別人的愛。 從聖經中學習如何繼續在他裡面茁長。 Help to remind one another that we need to grow in Him as a Christian. Check and see if they have experienced the life in Christ and His love with others. Learn from the bible how to continue to grow in Him,
- 嘗試鼓勵小組中的人擺脫對茁長的假設，並分享他們目前的信仰之旅。 還鼓勵他們設定茁長目標並製定一些切實可行的計劃。 學會在他們的茁長旅程彼此守望相助。 Try to encourage people in the group to get rid of the assumptions about growth and share about their present faith journey. Also encourage them to set growth goals and make some practical plans. Learn to hold one another accountable in their growth journey.
- 在接下來的幾周裡，嘗試在小組中找到一兩個人與你一起並爲你禱告。 祈求上帝幫助我們體驗祂的愛，並在祂裡面繼續茁長。 In the coming weeks, try to find one or two people in the group to pray with you and for you. Pray and ask God's help in experiencing His love and continue to grow in Him.

我的領受

- 神藉著今天的小組討論對你說了甚麼？

GROW 茁長
滿溢 OVERFLOW

我的禱告回應

- 爲著今天神對你說的話，你有何回應？請寫下你的禱告。

我的行動回應

- 因著今天神對你說的話，你會在行動和心態上作出甚麼回應或改變？